

Name:

Hang Time Activity

*So just how much
“hang time” did he get?*

$$y = \frac{1}{2}at^2$$

g

$$t = \sqrt{2y/g}$$

$$t = \sqrt{2(1.25)/9.8}$$

T = .50 s ← *double it*

1 second record hang time



Y = 'length of the vertical jump' (must be measured in meters)

g = 'acceleration due to gravity' or 9.8 m/s²

t = hang time in the air

SHOW YOUR WORK!

Person 1 Vertical: _____

Person 1 Hang Time: _____

Person 2 Vertical: _____

Person 2 Hang Time: _____

Person 3 Vertical: _____

Person 3 Hang Time: _____

Person 4 Vertical: _____

Person 4 Hang Time: _____